

**Shogo Hihara**

Curriculum Vitae

**Position:**

Assistant Professor at Hiroshima University in Japan

**Address:**

Department of Psychology

Graduate School of Humanity and Social Sciences

Hiroshima University

1-1-1 Kagamiyama, Higashihiroshima, Hiroshima 739-8524, Japan

Email: shihara@hiroshima-u.ac.jp

**Education**

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Hiroshima University Hiroshima, Japan

- **Ph.D.** in Psychology September 2019
  - Dissertation Title: Psychosocial features and development of youth with negative identities in contemporary Japan.
- **M.A.** in Psychology March 2016
  - Thesis Title: Development of a method for identifying adolescents who choose a negative identity.
- **B.A.** in Psychology March 2014
  - Thesis Title: The process of negative identity formation among youth.

**Awards and Scholarships**

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| 2021      | Onuki-Hide Educational Award, 200,000 JPY (approximately 1,811 USD)   |
| 2020-2023 | Grant-in-Aid for Young Scientists, Japan Society for the Promotion of Science (JSPS), 4,160,000 JPY (approximately 37,664 USD)                |
| 2020      | EARA Travel Award, European Association for Research on Adolescence,  |
| 2019-2020 | Overseas Challenge Program for Young Researchers, Japan Society for the Promotion of Science (JSPS), 1,400,000 JPY (approximately 12,725 USD) |
| 2019      | Emerging Scholar Spotlight, European Association for Research on Adolescence Student and Early Career Network                                 |
| 2018-2020 | Research Fellowship for Young Scientists, Japan Society for the Promotion of Science (JSPS), 6,700,000 JPY (approximately 61,097 USD)         |
| 2018      | Best Presentation Award, The 74th annual conference of Chugoku-Shikoku Psychological Association  |
| 2018      | Excellent Student Scholarship, Graduate School of Education, Hiroshima University, 267,900 JPY (approximately 2,452 USD)                      |

- 2018 Participation in EADP/EARA/SRA Summer School held in Belgium (adoption rate was 46%)
- 2017-2019 Primary investigator, Uehiro Foundation on Ethics and Education, “Negative identity formation: Connecting the self to past events,” 600,000 JPY (approximately 5,500 USD)
- 2017-2018 The 11th Dream Challenge Award, Hiroshima University, 50,000 JPY (approximately 458 USD)
- 2017 Excellent Student Scholarship, Graduate School of Education, Hiroshima University, 267,500 JPY (approximately 2,452 USD)
- 2017 Student Research Award, The 24th annual conference of *International Society of Research on Identity*
- 2017 Green Wing Educational Scholarship, Graduate School of Education, Hiroshima University, 175,000 JPY (approximately 1,604 USD)
- 2016 Green Wing Educational Scholarship, Graduate School of Education, Hiroshima University, 175,000 JPY (approximately 1,604 USD)
- 2015-2016 The 9th Dream Challenge Award, Hiroshima University, 150,000 JPY (approximately 1375 USD).
- 2015 Green Wing Educational Scholarship, Graduate School of Education, Hiroshima University, 175,000 JPY (approximately 1,604 USD)
- 2014-2015 Primary investigator, Hiroshima University, “Why young people form Negative identity? Examination of a model of negative identity formation,” 198,000 JPY (approximately 1,815 USD)

## Publications

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### 2021:

**Hihara, S.**, Umemura, T., Iwasa, Y., Saiga, S., & Sugimura, K. (in press). Identity processes and identity content valences: Examining bidirectionality. *Developmental Psychology*.

Iwasa, Y., **Hihara, S.**, Umemura, T., Tazume, H., & Sugimura, K. (in press). Identity formation and school experience among university students in a teacher training program: A four-wave longitudinal study during the teaching practicum. *Identity: An International Journal of Theory and research*.

**Hihara, S.**, Sugimura, K., Umemura, T., Iwasa, Y., & Syed, M. (2021). Positive and negative valences of identities: Longitudinal associations of identity content valences with adaptive and maladaptive functioning among Japanese youth. *Development and Psychopathology*, Advanced online publication.  
<https://doi.org/10.1017/S0954579421000043>

**Hihara, S., Saiga, S., & Sugimura, K.** (2021). Relationships between demographic factors and trajectories of identity distress in various life domains among young adults: A three-wave longitudinal study. *Identity: An International Journal of Theory and research*, 21(1), 36-50. <https://doi.org/10.1080/15283488.2020.1839757>

## 2020:

Žukauskienė, R., Kaniušonytė, G., Nelson, L. J., Crocetti, E., Malinauskienė, O., **Hihara, S., & Sugimura, K.** (2020). Objective and subjective markers of transition to adulthood in emerging adults: Their mediating role in explaining the link between parental trust and life satisfaction. *Journal of Social and Personal Relationships*, 7(12), 3006-3027. <https://doi.org/10.1177/0265407520948621>

**Hihara, S., Ishibashi, I., Umemura, T., Sugimura, K.** (2020). Roles of configurations of multiple identity domains in adaptive and maladaptive functioning in Japanese emerging adults: Using a culturally relevant index. *Emerging Adulthood*, 8(5), 373-381. <https://doi.org/10.1177/2167696819858457>

Sugimura, K., **Hihara, S., & Hatano, K.** (2020). Emotional separation, parental trust, and psychosocial adjustment in preadolescence and early adolescence. *Journal of Adolescence*, 84, 165-170. <https://doi.org/10.1016/j.adolescence.2020.09.001>

**Hihara, S., & Sugimura, K.** (2020). Roles of emotional separation and parental trust on autonomy in elementary and junior high school students. *Hiroshima psychological Research*, 19, 31-46. (Written in Japanese)

## 2019:

**Hihara, S., Umemura, T., & Sugimura, K.** (2019). Considering the negatively formed identity: Relationships between negative identity and problematic psychosocial beliefs. *Journal of Adolescence*, 70, 24-32. <https://doi.org/10.1016/j.adolescence.2018.11.002>

Sugimura, K., Matsushima, K., **Hihara, S., Takahashi, M., & Crocetti, E.** (2019). A culturally sensitive approach to the relationships between identity formation and religious beliefs in young adults. *Journal of Youth and Adolescence*, 48, 668-679. <https://doi.org/10.1007/s10964-018-0920-8>

## 2018:

**Hihara, S., Sugimura, K., Syed, M.** (2018). Forming a negative identity in contemporary society: Shedding light on the most problematic identity resolution. *Identity: An International Journal of Theory and research*, 18, 325-333. <https://doi.org/10.1080/15283488.2018.1524329>

Sugimura, K., Crocetti, E., Hatano, K., Kaniušonytė, G., **Hihara, S., & Žukauskienė, R.** (2018). A cross-cultural perspective on the relationships between emotional separation, parental trust, and identity in adolescents. *Journal of Youth and Adolescence*, 47, 749-759. <https://doi.org/10.1007/s10964-018-0819-4>

**2017:**

**Hihara, S.**, & Sugimura, K. (2017). An examination of negative identity of adolescents using the Twenty Statements Test: Quantitative and qualitative analyses. *Japanese Journal of Developmental Psychology*, 24, 84-95. (Written in Japanese)

**2015:**

Tanaka, H., Yamane, T., Akamatsu, S., Namba, S., **Hihara, S.**, & Chujo, K. (2015). Improving method of listener monitoring by elucidator in the face-to-face explanation. *Hiroshima psychological Research*, 15, 21-29. (Written in Japanese)

**Posters and Presentations**

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**2021:**

**Hihara, S.**, Kambara, K., Tomotaka, U., Kyonosuke, H., & Sugimura, K. (2021). Linkage between diverse trajectories of hikikomori symptoms and identity distress among youth: Five-wave longitudinal study. *The 85th annual convention of the Japanese Psychological Association, Online*, September 2021 (Poster presentation)

Kambara, K., & **Hihara, S.** (2021). Temporal associations of rumination with values-based action and depression: One-year longitudinal study among university students engaging in job search. *The 85th annual convention of the Japanese Psychological Association, Online*, September 2021 (Poster presentation)

**Hihara, S.**, Saiga, S., Sugimura, K. (2021). Trajectories of identity distress among youth in contemporary Japan. *The 63rd annual meeting of the Japanese Association of Educational Psychology, Online*, August 2021 (Poster presentation)

Kamite, Y., Abe, K., **Hihara, S.**, Kazalaukas, E., Truskauskaite-Kuneviciene, I., Haramaki, Y., & Sugimura, K. (2021). Mental health, PTSD, and Complex PTSD during the COVID-19 pandemic among young adults in Japan. *The 17th biennial conference of European Society for Traumatic Stress Studies, Online*, June 2021 (Oral presentation, Symposium)

**Hihara, S.**, Umemura, T., Iwasa, Y., Saiga, S., & Sugimura, K. (2021). Integrative understanding of identity development in sociocultural contexts: Longitudinal associations of identity processes with identity content valences. *The 27th annual conference of International Society for Research on Identity, Online*, June 2021 (Oral presentation)

Sugimura, K., **Hihara, S.**, Hatano, K., Nakama, R., & Tsuzuki, M. (2021). Profiles of two aspects of emotional separation and parental trust in adolescents and young adults: Age differences and association with identity and life satisfaction. *The 27th annual conference of International Society for Research on Identity, Online*, June 2021 (Oral presentation)

Truskauskaitė-Kunevičienė, I., Sugimura, K., Kamite, Y., **Hihara, S.**, & Kazlauskas, E. (2021). Identity processes in relation to trauma exposure, PTSD, and complex PTSD among emerging adults from Lithuania and Japan. *The 27th annual conference of International Society for Research on Identity, Online*, June 2021 (Oral presentation)

### 2020:

**Hihara, S.**, Umemura, T., & Sugimura, K. (2020). Longitudinal associations of identity content valences with adaptive and maladaptive functioning among Japanese youth: Including an index specific to Japanese context. *The 17th biennial conference of European Association for Research on Adolescence, Online*, September 2020 (Oral presentation, Symposium)

**Hihara, S.**, Sugimura, K., Umemura, T., Saiga, S., Iwasa, Y., & Syed, M. (2020). Formation of negative identity in contemporary society: Applying the master and alternative narrative approach. *The 17th biennial conference of European Association for Research on Adolescence, Online*, September 2020 (Poster presentation)

### 2019:

**Hihara, S.**, Iwasa, Y., Umemura, T., & Sugimura, K. Negative identity and identity processes in youth: A three-wave longitudinal research. *The 26th annual conference of International Society for Research on Identity, Naples, Italy*, May 2019 (Poster presentation)

Ishibashi, I., **Hihara, S.**, Umemura, T., & Sugimura, K. Exploring Important Domains and Conflicts between domains for Emerging Adults in the Context of Contemporary Japan. *The 26th annual conference of International Society for Research on Identity, Naples, Italy*, May 2019 (Oral presentation)

Iwasa, Y., **Hihara, S.**, Umemura, T., & Sugimura, K. To be or not to be a teacher: Identity development in teacher training college students. *The 26th annual conference of International Society for Research on Identity, Naples, Italy*, May 2019 (Poster presentation)

**2018:**

**Hihara, S.,** & Masunaga, K. Relationships between identity development and adaptive and maladaptive functioning: A three wave longitudinal research. *The 74th annual conference of Chugoku-Shikoku Psychological Association, Hiroshima, Japan, October 2018* (Poster presentation)

**Hihara, S.,** Umemura, T., & Sugimura, K. Is a firm sense of identity always positive? Longitudinal relationships between negative identity and maladaptive psychosocial functioning. *The 16th biennial conference of European Association for Research on Adolescence, Ghent, Belgium, September 2018* (Poster presentation)

Sugimura, K., Umemura, T., Hatano, K., & **Hihara, S.** Attachment, personal and social identity, and adjustment in adolescence: Focusing on mediating and moderating roles of social identity. *The 16th biennial conference of European Association for Research on Adolescence, Ghent, Belgium, September 2018* (Oral presentation)

**Hihara, S.** Forming a negative identity in contemporary society: Shedding light on the most problematic identity resolution. EADP-EARA-SRA Summer School, *Ghent, Belgium, September 2018* (Oral presentation)

**Hihara, S.,** & Sugimura, K. The roles of negative identity and instable identity statuses in maladaptive psychosocial functioning among Japanese emerging adults. *Society for the Study of Emerging Adulthood, Thematic Conference: Self and Identity in Emerging Adulthood, Cluj-Napoca, Romania, May 2018* (Oral presentation)

Ishibashi, I., **Hihara, S.,** & Sugimura, K. Relationships between identity configurations, maladaptive functioning, and identity distress in Japanese youth. *Society for the Study of Emerging Adulthood, Thematic Conference: Self and Identity in Emerging Adulthood, Cluj-Napoca, Romania, May 2018* (Oral presentation)

**Hihara, S.,** & Sugimura, K. Problematic psychosocial beliefs in youth with negative identity: Comprehensive understanding from the perspective of variable-centered approach and person-centered approach. *The 29th annual conference of Japan Society of developmental Psychology, Miyagi, Japan, March 2018* (Poster presentation)

**2017:**

**Hihara, S.,** & Kitani, T. Identity formation through the experiences of teaching practice among university students: Mixed-methods approach. *The 73rd annual conference of Chugoku-Shikoku Psychological Association, Tokushima, Japan, November 2017* (Poster presentation)

**Hihara, S.**, & Sugimura, K. Relationships between negative identity and a sense of alienation. *The 24th annual conference of International Society for Research on Identity, Groningen, Netherland, May 2017* (Poster presentation)

Urata, Y., Sugimura, K., Matsushima, K., Nishida, W., & **Hihara, S.** Reliability and validity of a *mujokan*-scale. *The 28th annual conference of Japan Society of developmental Psychology, Hiroshima, Japan, March 2017* (Poster presentation)

## **2016:**

Sugimura, K., Matsushima, K., **Hihara, S.**, & Nishiwaki, R. The relationships between identity formation and religious beliefs among Japanese young adults. *The 15th biennial conference of European Association for Research on Adolescence, La Barossa, Spain, September 2016* (Oral presentation)

**Hihara, S.**, & Sugimura, K. Negative identity integration: self-event relationships among adolescents choosing a negative identity. *The 15th biennial conference of European Association for Research on Adolescence, La Barossa, Spain, September 2016* (Poster presentation)

Kitani, T., **Hihara, S.**, & Okamoto, Y. Effects of teaching practice on identity formation. *The 15th biennial conference of European Association for Research on Adolescence, La Barossa, Spain, September 2016* (Poster presentation)

**Hihara, S.**, & Sugimura, K. Relationships between negative identity, career decisions, and interpersonal relationships. *The 31st International Congress of Psychology, Yokohama, Japan, July 2016* (Poster presentation)

Kitani, T., Hongo, H., **Hihara, S.**, Manabe, I., & Okamoto, Y. The psychological process that leads to finding a new commitment. *The 31st International Congress of Psychology, Yokohama, Japan, July 2016* (Poster presentation)

Manabe, I., **Hihara, S.**, Hongo, H., Kitani, T., & Okamoto, Y. A study of Experiences influencing development of identity in adolescence. *The 31st International Congress of Psychology, Yokohama, Japan, July 2016* (Poster presentation)

**Hihara, S.** The characteristics of youth with negative identity: Development of the strategy for identifying individuals with negative identity and their social behaviors. *Meeting of Japanese Research Association of Psychological Science, Hiroshima, Japan, April 2016* (Oral presentation)

**Hihara, S.**, & Sugimura, K. Development and validation of the strategy for identifying individuals with negative identity. *The 27th annual conference of Japan Society of developmental Psychology, Hokkaido, Japan, April 2016* (Poster presentation)

**2015:**

**Hihara, S.** The process of choosing a negative identity: new insights from identity control theory. *The 22nd annual conference of Society for Research on Identity Formation, Washington, USA, May 2015* (Poster presentation)

**Hihara, S., & Sugimura, K.** Why young people actively become socially negative people? Examination of a model of negative identity formation. *The 26th annual conference of Japan Society of developmental Psychology, Tokyo, Japan, March 2015* (Poster presentation)

**Teaching Experience**

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**2021:**

- **Co-teaching**, Hiroshima University Fall 2021 – Winter 2021  
Taught a course for undergraduate students, “The Frontiers of Psychology.”
- **Co-teaching**, Hiroshima University Fall 2021 – Winter 2021  
Taught a course for undergraduate students, “Introduction to Psychology.”
- **Co-teaching**, Hiroshima University Fall 2021 – Spring 2022  
Taught a course for undergraduate students, “Introductory Psychology Laboratory Project I-II.”
- **Co-teaching**, Hiroshima University Spring 2021 – Fall 2021  
Taught a course for undergraduate students, “Seminar in Psychological Research Methods.”
- **Co-teaching**, Hiroshima University Spring 2021 – Spring 2022  
Taught a course for undergraduate students, “Seminar in Psychological Readings I-IV.”
- **Co-teaching**, Hiroshima University Winter 2021 – Spring 2022  
Taught a course for undergraduate students, “Developmental Psychology.”
- **Co-teaching**, Hiroshima University Fall 2021 – Winter 2021  
Taught a course for undergraduate students, “Psychology of Education and Vocational Guidance.”
- **Co-teaching**, Hiroshima University April 2021 – April 2022  
Taught a course for undergraduate students, “Practical Training in Psychology I-II.”
- **Co-teaching**, Hiroshima University Fall 2021 – Winter 2021  
Taught a course for undergraduate students, “Psychology of Educational and Vocational Guidance.”
- **Co-teaching**, Hiroshima University Fall 2021 – April 2022  
Taught a course for undergraduate students, “Practical Seminar for the Teaching Profession.”
- **Co-teaching**, Hiroshima University Summer 2021 – Spring 2022  
Taught a course for graduate students (master’s program), “Seminar of Methods of Research in Psychology A and B.”
- **Co-teaching**, Hiroshima University Spring 2021 – Spring 2022  
Taught a course for graduate students (master’s program), “Seminar on Psychology I-IV.”



- **Co-teaching**, Hiroshima University Summer 2021 – Spring 2022  
Taught a course for graduate students (master's program), "Advanced Seminar on Methods of Research in Psychology A and B."
- **Co-teaching**, Hiroshima University Spring 2021 – Winter 2021  
Taught a course for graduate students (master's program), "Academic Writing in Psychology A and B."
- **Co-teaching**, Hiroshima University Spring 2021 – Winter 2021  
Taught a course for graduate students (master's program), "Advanced Academic Writing in Psychology A and B."
- **Co-teaching**, Hiroshima University Spring 2021 – Spring 2022  
Taught a course for graduate students (master's program), "Advanced Seminar on Psychology I-IV."

**2020:**

- **Co-teaching**, Hiroshima University Spring 2020 – Fall 2020  
Taught a course for undergraduate students, "Seminar in Psychological Research Methods."
- **Co-teaching**, Hiroshima University Spring 2020 – Spring 2021  
Taught a course for undergraduate students, "Introductory Psychology Laboratory Project I-IV."
- **Co-teaching**, Hiroshima University Spring 2020 – Spring 2021  
Taught a course for undergraduate students, "Seminar in Psychological readings I-IV."
- **Co-teaching**, Hiroshima University Fall 2020 – Spring 2021  
Taught a course for undergraduate students, "Developmental Psychology."
- **Co-teaching**, Hiroshima University Fall 2020 – Winter 2020  
Taught a course for undergraduate students, "Psychology of Education and Vocational Guidance."
- **Co-teaching**, Hiroshima University Fall 2020 – Winter 2020  
Taught a course for undergraduate students, "Introduction to Psychology."
- **Co-teaching**, Hiroshima University Fall 2020 – Winter 2020  
Taught a course for undergraduate students, "Psychology of Educational and Vocational Guidance."
- **Co-teaching**, Hiroshima University Summer 2020 – Spring 2021  
Taught a course for graduate students (master's program), "Seminar on Methods of Research in Psychology A and B."
- **Co-teaching**, Hiroshima University Spring 2020 – Fall 2020  
Taught a course for graduate students (master's program), "Academic Writing in Psychology A and B."
- **Co-teaching**, Hiroshima University Spring 2020 – Spring 2021  
Taught a course for graduate students (master's program), "Seminar on Psychology I-IV."

## Part-Time Teaching Experience

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- **Part-time individual teaching**, Hiroshima Institute of Technology      Spring 2021 – Spring 2022  
Taught a course for undergraduate students, “Psychology.”
- **Part-time co-teaching**, Hiroshima Institute of Technology      Spring 2021 – Summer 2021  
Taught a course for undergraduate students, “Hiroshima Institute of Technology Liberal Arts” with other instructor.
- **Part-time individual teaching**, Okayama University      Spring 2021 – Summer 2021  
Taught a course for undergraduate students, “Educational Psychology.”
- **Part-time co-teaching**, Hiroshima City Nursing College      Fall 2017 – Fall 2019  
Taught a course for undergraduate students, “Psychology” with other instructor.
- **Part-time individual teaching**, Fukuyama City University      Fall 2017 – Spring 2018  
Taught a course for undergraduate students, “Developmental Psychology.”
- **Part-time individual teaching**, Elizabeth University of Music      Spring 2017 – Fall 2017  
Taught a course for undergraduate students, “Educational Psychology.”
- **Part-time individual teaching**, Iwakuni Nursing College      Spring 2016 – Fall 2017  
Taught a course for undergraduate students, “Information Science.”
- **Graduate Teaching Assistant**, Hiroshima University      Fall 2016 – Spring 2018  
Assisted undergraduate course instructors by supervising students and grading their assignments, “Basic Practice of Psychology II.”

## Extracurricular Activities

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- International Committee: Japan Society of Youth and Adolescent Psychology  
Spring 2021 – Present
- Nomination Committee, International Society for Research on Identity  
Fall 2020 – Present
- Editorial Board, Identity: An International Journal of Theory and Research  
Summer 2020 – Present
- Young scholar national representative (Japan), European Association for Research on Adolescence (EARA)  
Fall 2018 – Present

## Memberships

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- The Japanese Psychological Association      Summer 2021 – Present
- The Japanese Association of Educational Psychology      Summer 2021 – Present
- Society for the Study of Emerging Adulthood      Spring 2018 – Present
- Chugoku-Shikoku Psychological Association      Summer 2017 – Present

- European Association for Research on Adolescence Spring 2016 – Present
- International Society for Research on Identity Winter 2016 – Present
- Japan Society of Youth and Adolescent Psychology Spring 2015 – Present
- Japan Society of Developmental Psychology Fall 2014 – Present

## References

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### **Tomotaka (Tomo) Umemura, Ph.D.**

Associate Professor  
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Graduate School of Education  
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